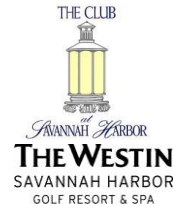




**Ten Can Run**  
Thanksgiving Day



**NEW YEARS EVE RUN**

Savannah FCA Endurance presents the 2<sup>nd</sup> annual **Savannah Golf Course 5K/10K Race Series.**

**Why Do You Race? – Run to help others!**  
**FREE RACES!** This year the series will include 3 free runs



**Free Race Info:**

Three free Sunday runs are unofficial training opportunities created to help you train for the winter season. These races will include a mapped out course with start and finish lines. There will be an official race clock but no individual times, no shirts, no awards, no water station, – just come out and have fun. Race day registration only for wavier. Receive a \$5 discount towards registration for the Race Series.

**1<sup>st</sup> free race – Sunday, Oct 3<sup>rd</sup> - 5k** – at Ebenezer Retreat center – 2:30pm (Beautiful Trail Run)

**2<sup>nd</sup> free race – Sunday, Oct 24<sup>th</sup> -5k** – at Forsyth Park, south end – 2:30pm

**3<sup>rd</sup> free race – Sunday, Nov 11<sup>th</sup> -5k** – at Southbridge (near the Kroger Entrance) – 2:30pm



**Race Series Info:**

This one of a kind series will take participants on two of the top golf courses in Savannah. These courses will provide a beautiful run with amazing landscapes, lakes, and no traffic. Fun atmosphere for the entire family.

Cool dry running hats for the Ten Can Run and dry fit running shirts guaranteed for the first 200 at the New Years Eve race.

**Dates:**

**1st race – Thursday, Nov 25<sup>th</sup>** – 5K/10K Henderson golf club / Savannah Christian Ten Can Run

Kids ¼ mile run = 8:30am – 5k/10k = 8:45am

**2nd race – Thursday, Dec 31<sup>st</sup>** – Westin Savannah Golf Resort – Kids ¼ mile run = 5:15pm -- 5K /10K = 5:30pm

Showers at the Westin club house and family friendly New Years Eve party to follow



**Fees:**

Race 1: \$15 by Nov 18<sup>th</sup> plus you **must bring 10 cans** of food to support SCC Lighthouse Ministry. \$20 after Nov 18<sup>th</sup> including Race Day  
Race 2: \$25 by Dec 23<sup>rd</sup>, \$30 after Dec 23<sup>rd</sup> including Race Day

**Free** – Run free at both races by joining the Coastal FCA Home Team, a ministry dedicated to reaching out to our youth and changing lives. More info at – [www.coastalfca.org](http://www.coastalfca.org) you must email "Daniel Pavlin" [dpavlin@bwcco.com](mailto:dpavlin@bwcco.com) to take advantage of this deal.

**Awards:**

Awards will be presented to the top 3 in each age group in each division as well as the overall winners of each race.  
Age groups = 14 and under, 15-24, 25-34, 35-44, 45-54, 55-64 and over 65

**Directions:**

Race 1: Starts at Savannah Christian Church - 55 Al Henderson Blvd, Savannah, GA – Near Hwy 17 and Little Neck Rd  
Race 2: Westin Savannah Golf Resort – 1 Resort Dr., Savannah, GA – Across the Savannah River on Hutchinson Island

**Registration Options:**

- Online at Active.com - keyword Savannah Golf Course Race
- Sign up at "The Source" bookstore located at Savannah Christian Church
- Mail form below with check paid to - Coastal FCA. Mail to - Coastal FCA P.O. Box 620 Bloomingdale, Ga 31302
- If you are present at all 3 Free Races you receive a \$5 Discount



**Contact:**

For more information or questions, contact Dan Pavlin at [dpavlin@bwcco.com](mailto:dpavlin@bwcco.com) (912-604-3265) or Steve White at [steve.white@gulfstream.com](mailto:steve.white@gulfstream.com) (912-441-2616)

**Purpose:**

Proceeds go to the local Coastal FCA - serving youth athletes and coaches (<http://www.coastalfca.org>) and to SCC Lighthouse ministry - dedicated to serving those in need. <http://savannahchristian.com/the-lighthouse/>

**I have read and fully understand the waiver on the back of this registration form.**

I am registering for - Free Race 1  2  3  Ten Can Race 5k  10k  New Year's Eve 5k  10k

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

(NOTE: Parent/Guardian must sign instead if runner is under 18 years of age)

LAST NAME	FIRST NAME	MI	MALE	FEMALE
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>
MAILING ADDRESS - STREET INCLUDE APT NO			AGE ON RACE DAY <input type="text"/>	
<input type="text"/>			<input type="text"/>	
CITY	STATE	ZIP CODE	PHONE NO	
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
E-MAIL			<b>NOTE - Separate form required for each race</b>	
<input type="text"/>				

## *Waiver*

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a road race official relative to my ability to safely complete the run, but I understand that I am primarily responsible for my own safety. I assume all risks associated with running this event, including, but not limited to falls, contact with other participants, the effects of the weather, including high heat or humidity, traffic and the conditions of the road--all such risks being known and appreciated by me. Having read this waiver and knowing the facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Savannah FCA Endurance Team, Henderson Golf Club, Savannah Christian Church, The Westin Savannah Harbor Golf Resort and Spa, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. In consideration of the safety of all participants, I agree not to use any of the following while participating in this event: headphones, animals on leash, skateboards, inline or roller skates, or bicycles.

